



AESTHETIC GROUP GYMNASTICS SCHOOL PROGRAM INTRODUCTORY WORKSHOP



INVITATION

The Sarawak Aesthetic Group Gymnastics Association cordially invites you to participate in the AGG Workshop. This initiative, supported by the MAGGA, promises to be an exceptional opportunity for all involved. With a focus on developing your skills and knowledge in AGG, we are confident that you will leave this workshop feeling empowered and inspired. Don't miss out on this transformative opportunity to be part of the AGG movement. Join us and take the first step towards becoming an AGG champion.

SPORT	AESTHETIC GROUP GYMNASTICS						
DATE	May 11 th , 2025						
COMPETITION VENUE	Dewan Sa'ati, SUPP HQ 7, Jalan Tan Sri Ong Kee Hui, 93300 Kuching, Sarawak.  						
ORGANIZATION CONTACT PERSON	Malaysian Aesthetic Group Gymnastics Association, MAGGA (Persatuan Kumpulan Estetik Gimnastik Malaysia) Email: mas.magga@gmail.com Co-organizer: Sarawak Aesthetic Group Gymnastics Association, SAGGA (Persatuan Kumpulan Estetik Gimnastik Negeri Sarawak) Email: sarawakagg@gmail.com WhatsApp: 016-8787048, 010-9826991						
INVITED ORGANIZATION	Teachers, Gymnasts, Coaches and Judges						
REGISTRATION	ONLINE registration must be done at: SARAWAK AGG WORKSHOP 2025						
DEADLINES FOR ENTRIES	Deadlines: Definitive registration – April 20 th , 2024						
ENTRY FEES	<table border="1"><thead><tr><th>MEMBERSHIP STATUS</th><th>FEES PER GYMNAST</th></tr></thead><tbody><tr><td>SAGGA MEMBERS</td><td>FREE-OF-CHARGE</td></tr><tr><td>NON-MEMBERS OF SAGGA</td><td>RM 80.00</td></tr></tbody></table> Important Notes: <ul style="list-style-type: none">✓ SAGGA will issue invoices to all participating clubs after the registration deadline.✓ Each club is responsible for processing payments on behalf of its gymnasts, including covering bank transfer fees.	MEMBERSHIP STATUS	FEES PER GYMNAST	SAGGA MEMBERS	FREE-OF-CHARGE	NON-MEMBERS OF SAGGA	RM 80.00
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TENTATIVE SCHEDULE	<p>This schedule is tentative and subject to adjustments. The final program will be confirmed after the registration deadline.</p> <table border="1" data-bbox="346 256 1521 568"> <thead> <tr> <th>DATE</th><th>TIME</th><th>ACTIVITY</th></tr> </thead> <tbody> <tr> <td data-bbox="401 422 687 467" rowspan="7">May 11th, 2025 Sunday</td><td data-bbox="751 309 862 339">9:00 AM</td><td data-bbox="925 309 1259 339">Basic Warm up & exercises</td></tr> <tr> <td data-bbox="751 350 862 379">10:15 AM</td><td data-bbox="925 350 1005 379">Break</td></tr> <tr> <td data-bbox="751 390 862 420">10:30 AM</td><td data-bbox="925 390 1179 420">School Program U10</td></tr> <tr> <td data-bbox="751 431 862 460">11:30 AM</td><td data-bbox="925 431 1084 460">Lunch Break</td></tr> <tr> <td data-bbox="751 471 862 500">12:30 PM</td><td data-bbox="925 471 1179 500">School Program U12</td></tr> <tr> <td data-bbox="751 512 862 541">1:30 PM</td><td data-bbox="925 512 1179 541">School Program U18</td></tr> <tr> <td data-bbox="751 552 862 581">2:30 PM</td><td data-bbox="925 552 1148 581">Closing Ceremony</td></tr> </tbody> </table>	DATE	TIME	ACTIVITY	May 11th, 2025 Sunday	9:00 AM	Basic Warm up & exercises	10:15 AM	Break	10:30 AM	School Program U10	11:30 AM	Lunch Break	12:30 PM	School Program U12	1:30 PM	School Program U18	2:30 PM	Closing Ceremony
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ACCOMMODATION & TRANSPORTATION	<p>Transportation and accommodation are not provided by the organizers. Recommendations for transportation and nearby hotels can be provided upon request.</p> <p>List of hotels near Sarawak United Peoples Party (SUPP) Headquarters:</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>6</p> </div> <div style="text-align: center;">  <p>5</p> </div> </div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>2</p> </div> <div style="text-align: center;">  <p>4</p> </div> </div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>3</p> </div> <div style="text-align: center;">  <p>1</p> </div> </div> <div style="margin-top: 20px;"> <ol style="list-style-type: none"> 1. Merdeka Palace Hotel 2. Theatre Hotel Kuching 3. Citadines Uplands Hotel 4. Meritin Hotel 5. Grand Margherita Hotel 6. Lot 10 Boutique Hotel </div>																		
INSURANCE	<p>MAGGA/ SAGGA will not be held responsible for any liabilities in case of accidents, illness, repatriation, and the like. All participating delegations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p>																		
PERSONAL DATA PROTECTION	<p>Registered gymnasts, coaches, judges, and volunteers agree to have their personal information and visual materials published in official events protocols and social media channels. Those who don't agree must inform MAGGA/ SAGGA in writing before the event starts.</p>																		

EVENT SOCIAL MEDIA	Instagram: aggmalaysia & sarawakagg Facebook: Malaysian Aesthetic Group Gymnastics Association - MAGGA , Sarawak Aesthetic Group Gymnastics Official hashtags: #insportsweunite #teammagga #newplatform #newbeginning
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The organizing committee reserves the right to make any necessary adjustments to the schedule. We are excited to welcome you to Kuching, Sarawak, Malaysia!

Sincerely Yours,

Dr Alicia Elvina Koh

President, Sarawak Aesthetic Group Gymnastics Association (SAGGA)