



AESTHETIC GROUP GYMNASTICS SCHOOL PROGRAM INTRODUCTORY WORKSHOP



INVITATION

The Sarawak Aesthetic Group Gymnastics Association cordially invites you to participate in the AGG Workshop. This initiative, supported by the MAGGA, promises to be an exceptional opportunity for all involved. With a focus on developing your skills and knowledge in AGG, we are confident that you will leave this workshop feeling empowered and inspired. Don't miss out on this transformative opportunity to be part of the AGG movement. Join us and take the first step towards becoming an AGG champion.

SPORT AESTHETIC GROUP GYMNASTICS

DATE May 11th, 2025

COMPETITION VENUE Dewan Sa'ati, SUPP HQ
7, Jalan Tan Sri Ong Kee Hui, 93300
Kuching, Sarawak.



ORGANIZATION CONTACT PERSON Malaysian Aesthetic Group Gymnastics Association, MAGGA
(Persatuan Kumpulan Estetik Gimnastik Malaysia)
Email: mas.magga@gmail.com

Co-organizer:
Sarawak Aesthetic Group Gymnastics Association, SAGGA
(Persatuan Kumpulan Estetik Gimnastik Negeri Sarawak)
Email: sarawakagg@gmail.com
WhatsApp: 016-8787048, 010-9826991

INVITED ORGANIZATION Teachers, Gymnasts, Coaches and Judges

REGISTRATION ONLINE registration must be done at: [SARAWAK AGG WORKSHOP 2025](#)







DEADLINES FOR ENTRIES **Deadlines:**
Definitive registration – April 20th, 2024

ENTRY FEES

MEMBERSHIP STATUS	FEES PER GYMNAST
SAGGA MEMBERS	FREE-OF-CHARGE
NON-MEMBERS OF SAGGA	RM 80.00

Important Notes:

- ✓ SAGGA will issue invoices to all participating clubs after the registration deadline.
- ✓ Each club is responsible for processing payments on behalf of its gymnasts, including covering bank transfer fees.

TENTATIVE SCHEDULE	<p>This schedule is tentative and subject to adjustments. The final program will be confirmed after the registration deadline.</p> <table><tr><th>DATE</th><th>TIME</th><th>ACTIVITY</th></tr><tr><td rowspan="7">May 11th, 2025 Sunday</td><td>9:00 AM</td><td>Basic Warm up & exercises</td></tr><tr><td>10:15 AM</td><td>Break</td></tr><tr><td>10:30 AM</td><td>School Program U10</td></tr><tr><td>11:30 AM</td><td>Lunch Break</td></tr><tr><td>12:30 PM</td><td>School Program U12</td></tr><tr><td>1:30 PM</td><td>School Program U18</td></tr><tr><td>2:30 PM</td><td>Closing Ceremony</td></tr></table>	DATE	TIME	ACTIVITY	May 11 th , 2025 Sunday	9:00 AM	Basic Warm up & exercises	10:15 AM	Break	10:30 AM	School Program U10	11:30 AM	Lunch Break	12:30 PM	School Program U12	1:30 PM	School Program U18	2:30 PM	Closing Ceremony
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ACCOMMODATION & TRANSPORTATION	<p>Transportation and accommodation are not provided by the organizers. Recommendations for transportation and nearby hotels can be provided upon request.</p> <p>List of hotels near Sarawak United Peoples Party (SUPP) Headquarters:</p> <div><div></div><div></div><div></div></div> <div><div>1. Merdeka Palace Hotel</div><div>2. Theatre Hotel Kuching</div><div>3. Citadines Uplands Hotel</div><div>4. Meritin Hotel</div><div>5. Grand Margherita Hotel</div><div>6. Lot 10 Boutique Hotel</div></div>																		
INSURANCE	<p>MAGGA/ SAGGA will not be held responsible for any liabilities in case of accidents, illness, repatriation, and the like. All participating delegations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p>																		
PERSONAL DATA PROTECTION	<p>Registered gymnasts, coaches, judges, and volunteers agree to have their personal information and visual materials published in official events protocols and social media channels. Those who don't agree must inform MAGGA/ SAGGA in writing before the event starts.</p>																		

**EVENT SOCIAL
MEDIA**

Instagram: [aggmalaysia](#) & [sarawakagg](#)
Facebook: [Malaysian Aesthetic Group Gymnastics Association - MAGGA](#) , [Sarawak Aesthetic Group Gymnastics](#)
Official hashtags: [#insportsweunite](#) [#teammagga](#) [#newplatform](#) [#newbeginning](#)

The organizing committee reserves the right to make any necessary adjustments to the schedule. We are excited to welcome you to Kuching, Sarawak, Malaysia!

Sincerely Yours,

Dr Alicia Elvina Koh

President, Sarawak Aesthetic Group Gymnastics Association (SAGGA)